Ref: ACET / Health-club / 2022 – 23 / SOP

STANDARD OPERATING PROCEDURES FOR HEALTH CLUB COMMITTEE FOR THE YEAR 2022-2023

- ➤ To create awareness among the staff and students regarding health hazards and their preventive measures.
- ➤ Campaign the precautions need to be taken by the individual for to avoid the spread of corona virus.
- ➤ Highlighting the importance of vaccination for covid.
- ➤ Need to enlighten the importance of cleanliness and healthy environment around our surroundings.
- > Promote the awareness about food safety.
- ➤ Providing basic information regarding first aid to the students and arrangement of first aid kit in departments.
- Monitoring the nutritional rich food in the canteen.
- ➤ Organizing the programs like yoga, exercises etc for to empower the students.
- ➤ Conduct the food days for to knowledge the students regarding vitamins, minerals required in the diet.
- ➤ Promoting the awareness of organic food.
- Organizing the campaign in nearby villages in view of health and cleanliness aspects.

