



Ref: ACET / Health-club / 2020 – 21 / SOP

## **STANDARD OPERATING PROCEDURES FOR HEALTH CLUB COMMITTEE FOR THE YEAR 2020-2021**

- To create awareness among the staff and students regarding health hazards and their preventive measures.
- Campaign the precautions need to be taken by the individual for to avoid the spread of corona virus.
- Highlighting the importance of vaccination for covid.
- Need to enlighten the importance of cleanliness and healthy environment around our surroundings.
- Promote the awareness about food safety.
- Providing basic information regarding first aid to the students and arrangement of first aid kit in departments.
- Monitoring the nutritional rich food in the canteen.
- Organizing the programs like yoga, exercises etc for to empower the students.
- Conduct the food days for to knowledge the students regarding vitamins, minerals required in the diet.
- Promoting the awareness of organic food.
- Organizing the campaign in nearby villages in view of health and cleanliness aspects.

Principal

**PRINCIPAL**  
**Aditya College of**  
**Engineering & Technology**  
**SURAMPALAM**