



Ref: ACET / Health-club / 2019 – 20 / SOP

STANDARD OPERATING PROCEDURES FOR HEALTH CLUB COMMITTEE FOR THE YEAR 2019-2020

- To create awareness among the staff and students regarding health hazards and their preventive measures.
- Campaign the precautions need to be taken by the individual for to avoid the spread of corona virus.
- Need to enlighten the importance of cleanliness and healthy environment around our surroundings.
- Promote the awareness about food safety.
- Providing basic information regarding first aid to the students and arrangement of first aid kit in departments.
- Monitoring the nutritional rich food in the canteen.
- Organizing the programs like yoga, exercises etc for to empower the students.
- Conduct the food days for to knowledge the students regarding vitamins, minerals required in the diet.
- Promoting the awareness of organic food.
- Organizing the campaign in nearby villages in view of health and cleanliness aspects.



Principal

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